

STORM THE CASTLE AT THE MOST SPECTACULAR RACE IN WALES

HARLECH TRIATHLON

INCLUDING DUATHLON AND FUN RUN

FINISH
INSIDE
THE
CASTLE

3RD
APRIL
2016

ENTER
NOW

FREE CASTLE ACCESS FOR ATHLETES AND SUPPORTERS

TRIATHLON



400m
SWIM



21k
BIKE RIDE



6k
RUN

ENTER ONLINE NOW WWW.HARLECHTRIATHLON.ORG.UK

NOVICE FRIENDLY RELAY TEAMS FREE BACON BUTTIE!

