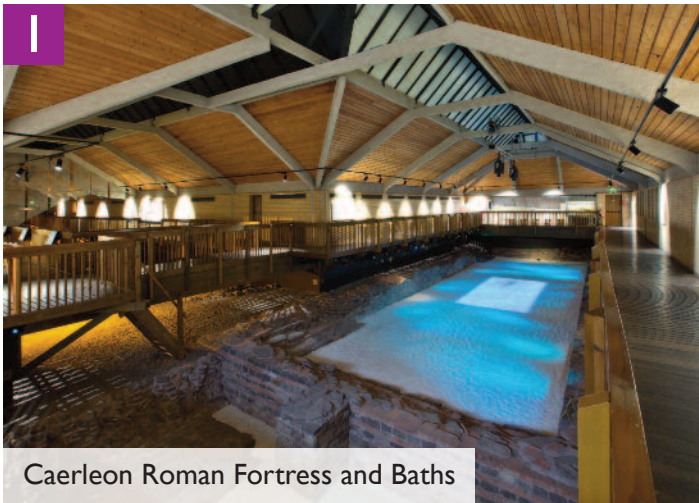


Roman itinerary: the legendary Roman history of south east Wales

South East Wales is the Roman capital of Wales. Caerleon is a suburban village situated on the River Usk, just north of the city of Newport. Caerleon is a destination of great archaeological importance — home to a Roman fortress and Iron Age hill fort, making it rich in Roman history. Caerleon is home to tourist attractions including the Roman Fortress and Baths, which consists of the most complete Roman amphitheatre in Britain, sections of the fortress walls and the only remains of a Roman legionary barracks in view anywhere in Europe. The National Roman Legion Museum lies inside what remains of the fortress, and contains many artefacts from the Roman period. Just over 20 minutes away is Caerwent Roman Town, an archaeologists paradise.



Caerleon Roman Fortress and Baths

Caerleon is one of the most varied and fascinating Roman sites in Britain, incorporating **Caerleon Roman Fortress and Baths**, a well-preserved amphitheatre and a row of barrack blocks — the only examples currently visible in Europe. With heated changing rooms, a selection of cold or warm baths, covered exercise rooms and even an open-air swimming pool, the remains clearly visible at Caerleon suggest that Roman life was at times comfortable and luxurious. Visitors can step back in time and see history brought to life through modern technology, including animated touch screen games and a light and sound show to create the illusion of 3D swimmers using the baths, as well as information panels, audio posts and humorous silent films.



National Roman Legion Museum

Step back in time at the **National Roman Legion Museum** which lies within the ruins of a Roman fortress, and has been a busy attraction for over 150 years. The Museum displays an internationally important collection that has helped us to understand what made the Romans a formidable force, and the impact they had on life as we know it today. Visitors can enjoy the unique Roman Garden, an active events programme and an inspiring range of artefacts that bring Roman age to life.

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Caerwent Roman Town is a village and community situated in Monmouthshire about five miles west of Chepstow and eleven miles east of Newport. It was originally founded by the Romans as the market town of Venta Silurum, the tribal settlement of the Brythonic Silures tribe. It remained prominent through the Roman era and Early Middle Ages as the site of a road crossing between several important civic centres. The modern village is built around the Roman ruins which still remain, including impressive fourth-century walls stand up to 17 feet (5.2m) high, excavated houses, forum-basilica and a Romano-British temple. The West Gate barns area provides car parking, level access to toilet facilities and interpretation panels.

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The journey time from Cardiff to Caerleon is a 30 minute drive, and from Newport to Caerleon a 15 minute drive. It takes 20 minutes to drive from Caerleon to the Roman city of Caerwent and Bath is just under an hour away.